



Skate Stony Mountain

2025 Stony on Ice

Dates: March 28, 29 & 30, 2025
Location: Stony Mountain Community Centre, Stony Mountain, MB
Hosted by: Skate Stony Mountain
Sanctioned by: Skate Canada

This competition will be conducted in accordance with the Skate Canada Rule Book. If not stated otherwise in this document, the normal regulations governing skating will apply as indicated in the Skate Canada Rule Book.

Online registration closes on Friday, February 28, 2025 11:59 pm CST.

Ice Surface 84.5' x 199.5'

LOC Co-chairs; Shannon Roy & Tracy Butcher

stonymountainskatingclub@gmail.com

Technical Representative; Debbie Haney

Sanctioned by Skate Canada

We acknowledge this event takes place on Treaty 1 territory and the original lands of the Anishinaabe, Cree, Oji-Cree, Dakota, and Dene peoples, and on the homeland of the Metis Nation

- This announcement is subject to change. Last updated December 11, 2024

EVENTS TO BE HELD

Star Skate Events	STAR 1		\$80/entry
	STAR 2 to 4 Free Skate		\$100/entry
	STAR 5 to Gold Free Skate		\$100/entry
	Pre-Juvenile		\$100/entry
	Juvenile		\$100/entry
	Pre-Novice Short		\$100/entry
	Novice Short		\$100/entry
	Pre-Novice Free		\$100/entry
	Novice Free		\$100/entry
	Artistic STAR 5 to Gold		\$100/entry
	STAR 2 to 4 Individual Elements		\$80/entry
	STAR 5 to Gold Individual Elements		\$100/entry
	Creative Improv 1 to 4		\$80/entry
	Showcase (individual and group) 1 to 4		\$80/entry
	Solo Dance Star 2/3		\$80/entry
	Solo Dance Star 4/5		\$80/entry
Adult Events	Adult Intro to Masters Elite		\$100/entry
	Adult Artistic		\$100/entry
	Adult Star 2 to 4 Elements		\$100/entry
Spin Event	Star 2 to 7		\$80/entry
CanSkate	Challenge Event	Stage 1 to 6	\$50/entry
	Creative Improv	CanSkate	\$50/entry
Fun Events	Team 1 Foot Sit Glide (Shoot the Duck)		\$25 per team
	Team Spiral		\$25 per team
	Longest Waltz Jump		\$15 per entry
	Longest Spiral		\$15 per entry
	Longest 1 Foot Sit Glide (Shoot the Duck)		\$15 per entry

*first event registration fee includes admission for family and friend for the entire competition.

Second event is \$45 for Star, Adult, Spin and CanSkate event

- All events are subject to the availability of officials and can be moved to virtual/remote
- An Officials Development fee of \$3.00 per event will be added to each event registration at the time of payment.
- A Technology fee of \$5.00 per skater will be added to each event registration at the time of payment, please note there is no technology fee for CanSkate, Fun Events or Spin Event.
- Planned program and music must be uploaded at the time of registration.

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Please refer to the Skate Canada Info Centre for additional details if needed at:

Star Events

Adult Events

Adult Star 2 – 4 Elements – elements to be skated are those for the Star 2, 3 & 4 Star element event. Star 2 & 3 will be assessed to standard, Star 4 will be assessed to standard and ranked.

CanSkate Challenge Event

CanSkate Creative Improv Event - Creative Improv programs are designed only by the skater with minimal preparation. Creative Improv assess the skater's ability to quickly interpret a given piece of music.

- 30 second piece of music.
- Full ice will be used.
- Skaters may not have passed any StarSkate Assessments.
- All the skaters in each flight for an event are presented with a pre-selected piece of music by the Chief Referee/Tech Rep prior to the warm-up.
- All skaters in the flight for that event will perform to the same musical selection.
- Skaters will listen to the music twice in a designated area (i.e., dressing room or players box) and once on-ice during the warm-up period.
- Skaters are then kept in a sound-proof dressing room until it is their turn to perform.
- Coaches will be allowed to assist skaters minimally during warm up

CanSkate Team Element Event

- a. Two-foot spin
- b. Three forward Power Jumps
- c. 2 ft Jump forward to backward or backward to forward
- d. Forward Spiral

SPIN Event – Spins follow Star free skate assessment elements

Star 2	Forward Sit Spin	Forward Camel Spin	Change foot Upright Spin	Back Upright Spin
Star 3	Backward Upright Spin	Backward Sit Spin	Forward Camel/Sit Combination	Forward Camel Spin
Star 4	Backward Camel Spin	Change Foot Sit Spin	Flying Camel or flying sit spin	Combination Spin with forward entry and 2 changes of position (change of foot optional)
Star 5	Sit spin or Camel Spin (entry optional)	Spin in One position with any variation	Combinations spin (optional change of foot)	Flying Camel Spin or Flying Sit Spin
Star 6	Sit spin or Camel Spin (one feature permitted)	Layback or Crossfoot Spin	Combination spin with change of foot	Flying Camel Spin or Flying Site Spin
Star 7	Flying Spin including camel & sit positions	Sit or Camel Spin with one feature	Change combination spin (one feature per foot optional)	Layback or Crossfoot Spin

Fun Events

Team 1 foot sit glide – Consists of 4 skaters linked together in 1 foot sit glides. Scores will reflect creativity and the ability to hold the longest.

Team Spiral – Consists of 4 skaters linked together in unsupported spirals. Scores will reflect creativity and the ability to hold the longest.

Longest Waltz Jump – Jump distance will be measured from the point of take off to the point of landing.

Longest Spiral – A timer will begin when the foot reaches hip height and will stop when the free foot dips below the hip.

Longest 1 foot sit glide – A timer will begin when the skater enters the full sit glide position and will stop when the skaters begins standing up or falls.

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Event Registration

Online registration for Stony on Ice 2023 **closes Friday February 28, 2025**, at 11:59 pm. Late registration will no be accepted

Please have the following ready before registering:

- Skate Canada number
- Category Information
- Music in MP3 format
- Planned Program information for Star 5 and up programs
- Coach's Email
- Credit Card Information

Planned Program Sheets

Any entry in STAR 5 to Gold, Pre-Juvenile to Pre-Novice, and Adult Free skate & Artistic, MUST upload a Planned Program Sheet upon registration. Planned Program Sheets will NOT be accepted on site.

Refund Policy

No refunds will be given after the closing date of entries of the competition. No medical refunds at any time after the registration deadline.

On Site Registration

Skaters must register no later than 60 minutes prior to their first event of the day (no earlier than 45 minutes if the first event of the day)

Dressing Rooms

Dressing rooms will be All-Gender and assigned by event.

Coaches

Skate Canada Coaches who wish to receive accreditation from Skate Canada at Stony on Ice must meet the following conditions:

- Regional Trained or higher (STAR 1 and higher events)
- CanSkate Coach Trained (CanSkate event)
- Be a current Professional Coaching Member of Skate Canada.
- Coaches must register in person at the registration desk.

Judging System

Cumulative Points Calculation System

All STAR 1-3 events will be assessed to standard. STAR 4 events will be assessed to standard and ranked. STAR 5 and higher events are supported by the Skate Canada CSS software and will be run using the CPC judging system.

CanSkate Events will be judged by a panel of CanSkate Program Assistants.

Fun Events will be judged by a panel of current and former skaters in the spirit of fun! Skaters will be in small flights and will be ranked to receive medals.

Music

All skaters must upload their music in mp3 format upon registration to through the registration website. Music must be sent in the following format:

FirstNameLastName_Category_Program_XmXs.mp3

For example: JaneDoe_PrejuvenileU11_Free_2m31s.mp3

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Skaters are expected to have back up music in USB format board side when they compete in case there is an issue with their music. Music will not be accepted onsite.

Awards

Skaters in STAR 1, 2 and 3 events will be assessed to a standard (Bronze, Silver, or Gold) and will receive a ribbon and feedback form. Skaters in STAR 4 will receive a feedback form and medals will be presented to the top three finalists. CPC Report Cards will be given to all skaters and medals will be presented to the top three finalists in STAR 5 to Gold, Pre-Juvenile to Novice and Adult events. Skating attire is to be worn for pictures during award presentations. CanSkate events will be assessed to a standard (Bronze, Silver, or Gold) and will receive a ribbon and feedback form. Fun events will be ranked to receive medals.

Costuming/Clothing

Clothing of competitors in all disciplines must adhere to the requirements set forth by Skate Canada [Costume/Clothing](#)

Accidents/Liability

Skate Canada, Skate Manitoba and Skate Stony Mountain and its volunteers undertake no responsibility for damages or injuries suffered by skaters. As a condition of and inconsideration of their entries in this competition, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by or connected with, the conduct and managements of the competitions and to release any and all claims they may have against the officials, the association, the Section, Skate Canada, the Local Organizing Committee and against the officers and their entries shall only be accepted on these conditions.

Camera Policy

Flash photography is not permitted while athletes are on the ice during practice or competition. Skate Manitoba restricts the use of cameras and video equipment during Skate Canada sanctioned events out of respect for the safety and to protect the privacy of competing athletes.

Coaches are only permitted to videotape their own skater from the boards during that skater's practice or performance. For full policy, please see Standing Rules, A.121 Governance, Camera Policy

Please note: you may only take pictures or videos of your own skater.

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